



This is our first newsletter targeting young people who live in the UKhahlamba area. Our main aim is to communicate the love of Jesus Christ to you but also to assist you with useful resources to reach your full potential.

In our newsletter you will find stories from the bible, practical guidance in right living, health and hygiene tips, some school trivia, career advice and exciting competitions you can enter. Our communication will be in English as our aim is to develop your language skills to help you find your place in this ever changing global village that South Africa finds herself in.

Easter: Words of Forgiveness

Then Jesus said, "Father, forgive them, for they do not know what they do."

--[Luke 23:34](#)

As we all know, words are powerful...especially dying words. And as we near Easter Sunday, it's important that each of us remembers just exactly what Jesus had to say right before His earthly life ended.

One of the last things Jesus said while hanging from the cross were words of forgiveness.

Today I want to ask you, if Christ could pray a prayer of forgiveness for those who were putting Him to death, can you pray a prayer of forgiveness for those in your life who mistreat you?

Despite what you may be going through today, can you look past your own "junk" and extend forgiveness to others?

Jesus' dying words on the cross are a powerful example of how you and I ought to treat those who mistreat us. Are you willing to follow His perfect example in every area of your life today? Will you extend forgiveness to those who don't deserve it?

I challenge you to pick up your cross today... and live out the life of forgiveness Christ has given you!

**CAN YOU FOLLOW CHRIST'S EXAMPLE AND FORGIVE
THOSE WHO MISTREAT YOU?**

Health Tip

Washing your hands is the best way to stop **germs** from spreading. Think about all of the things that you touched today. Whatever you did today, you came into contact with germs. It's easy for a germ on your hand to end up in your mouth. Think about how many foods you eat with your hands. Washing hands helps get rid of germs that cause sickness.



Silly Jokes

Why did the teacher wear sunglasses?
Because his class was so bright!



We hope you take part in our competitions. All answers must be emailed to kcvloskop@gmail.com. We are using email to build a data base of addresses so that our newsletters and later daily devotionals can be emailed to you. You can also use this address to communicate your prayer requests or issues you may be facing as a teenager, which we can assist with or write an article about. We plan to visit schools and share more about our vision for the Youth of UKhahlamba. This newsletter is just an introduction to make contact with you and for you to know that there are people who care about you and are praying for your future.

MatricsChoose your study path carefully.

At present, there are an estimated 470 000 vacancies in the private sector which are positions that could be filled almost immediately if the skills were available. More than half of these positions are in management, and the remainder is largely professional positions in accounting, law, medicine, engineering and finance. South Africa at the same time has a surplus of unemployed graduates. At present, there are an estimated 344 000 unemployed people with degrees, diplomas and certificates. They fail to find employment because their qualifications do not match those sought by employers. Tertiary institutions continue to produce arts, humanities, social science and mid-level professional graduates (i.e. teachers and nurses) this is not needed, whereas employers need managers and high-level professional graduates (i.e. accountants, lawyers, doctors and engineers).

Emergency numbers

SAPS Estcourt: 036 342 9525/6.

Station Commander: Estcourt: 082 417 5235

Estcourt Hospital: 036 342 7000

Ambulance: 10177

Wembezi SAPS: 036 353 0100

Umtshezi Municipality Fire/Electricity/General Services: 036 342 7800.

Okhahlamba Municipality: 036 448 1986

Imbabazane Municipality: 036 353 0625

Alpha Control Centre/Emergencies: 036 352 6464/4444

Water: 0860 104 257

Estcourt Hospital: 036 342 7000.

Prayer for Teenagers

With each new day that dawns I am growing up, O Lord.
It's time to start thinking of what I want to be.
It's very hard, I think,
to make the right decision
but I pray that you will help and guide me.
Show me what to do,
help me be somebody,
with talents and special gifts.
And when you show me,
give me courage to be generous enough
to do what you want, I leave my future in your hands.

Amen

Jeremiah 29:11

"For I know the plans I have for you," declares the Lord,
plans to prosper you and not to harm you, plans to give
you hope and a future."

SUCCESS: Change your Attitude

Are most of your thoughts positive or negative? Do you find yourself spending more time worrying or counting your blessings? Are your parents or teachers too hard on you, or do they just expect great things from you? How you perceive yourself and the things happening around you can greatly affect your reality. For example, if you constantly tell yourself that you are no good at math and that there's no way you're going to pass, well, then you probably won't. However, if you treat a difficult subject like a challenge that will improve you if you work hard at it, you're much more likely to succeed. The key is your attitude, and the source of your attitude is your how you view life and yourself. If you want to change certain parts of your life, take a look at yourself first. Start with your attitude. What we think of ourselves has a tremendous effect on our lives. Fill your head with negative thoughts and you will probably be a negative person. Keep a positive attitude and you'll most likely be able to do great things that will surprise you. It's your choice, and while it might seem like a simple one to make, it can have powerful results. Remember when you decide to change positively, ask for help from teachers or students, someone who can assist you do better at school, home, among your peers, this will change your future.

All answers to Competition 001 must be emailed to kcvloskop@gmail.com with your name, age, school and parent/guardians cell phone number. This is to contact you should you be our winner. The KCV Board will choose the winner with the correct answer and inform your parent/guardian. The prize for Competition 001 is a back pack with school stationary items.

Competition 001

1. How many books are there in the Old Testament of the bible?
2. How many books are there in the New Testament of the bible?
3. What is the longest chapter in the bible?